



An Roinn Coimirce Sóisialaí
Department of Social Protection



Job Description DARA Project

Part-time Project Worker (18 hours per week)

The DARA Project is a drug & alcohol-free structured day programme for people in recovery from substance misuse. The programme operates as a Community Employment Scheme in two locations - Athy and Kildare Town - where participants receive a range of supports to progress into further education, training, and employment.

With the assistance of funding under the Social Inclusion and Community Activation Programme (SICAP) we are seeking a part time Project Worker to assist in the further development of the Project to meet the needs of people in recovery and their families.

Based in Athy, the Project Worker will report to the Coordinator.

Key Responsibilities and Duties:

The Project Worker will assist in the day to day running of the project & its recovery service by:

1. Providing direct support to participants through:

- Facilitation of recovery focused Group Therapy sessions
- Delivery of recovery focused Seeking Safety group sessions
- Delivery of recovery focused Relapse Prevention group sessions
- Provision of intervention support, and supervision to participants
- When required, advocacy and referral to community services
- Supervision of the participants at all times
- Liaising with the appropriate staff for progression of the participants
- Planning group activities

2. Assisting with participants case work through:

- Communication with staff of the DARA Project
- Assisting with participants Individual Learning Plans
- Ensuring that participants are fully informed about all DSP entitlements.



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3. Maintaining a safe and healthy project environment through:

- Adherence to all health and safety and security protocols
- Ensuring that the project environment is always maintained to a high standard.
- Continued promotion of an abstinent recovery life as best option to participants
- Assigning routine tasks and domestic project duties to participants
- Keeping stock of project necessities and communicate what is needed.
- Supporting the development of independent living skills
- Advice and help to participants.
- Mediating disputes and encouraging co-operation

4. Administrative duties:

- Maintaining participants personal details and documentation
- Actively participating in staff meetings
- Providing written reports to the Project Coordinator where necessary
- Recording any Incidents / Accidents that may occur.

5. Maintaining a positive and enthusiastic attitude in work:

- In your interactions with management, staff, and participants of The DARA Project.
- In your interactions with external agencies while representing The DARA Project.

It may be necessary, for workload to be re-prioritised from time to time. In such situations adequate notice will be provided.



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Person Specification

The following are the key competencies required for the position of Project Worker (part-time) with the DARA Project.

Education:

- Have a minimum of QQI level 5 in social care/youth work, addiction studies or a related field.

Knowledge, Skills, and Experience

- Professional or voluntary experience of addiction services
- Knowledge and understanding of the National Drug Rehabilitation Framework and the role of Community Employment in its implementation.
- An understanding and awareness of the nature of addiction, what recovery is and what it takes for individuals to live a life of abstinence,
- Ability to contribute to the prevention and management of challenging behaviour.

Communication and Interpersonal skills

- Excellent communication and interpersonal skills
- Good IT skills
- Good report writing skills.
- Ability to maintain professional boundaries with staff and participants.
- Ability to work on own initiative.
- Ability to work within a team environment and exercise mature judgement.



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