



County Kildare LEADER Partnership

Job Description

Title: Community Food and Nutrition Worker

Reports to: Health & Wellbeing Programme Manager

Contract type: Fixed term contract

Location: Athy

Do you want to make a difference in the lives of individuals and communities?

County Kildare LEADER Partnership in partnership with Sláintecare Health Communities are delighted to offer this exciting opportunity for a dynamic individual with a strong track record in making a difference in people's lives to work with individuals who are struggling with food poverty and poor diet which can have a detrimental impact on their whole health and wellbeing.

The purpose of the post is to provide capacity for the Sláintecare Healthy Communities to improve community health and wellbeing in the designated Healthy Community areas by addressing the issues of poor diet and food poverty. In Kildare this initiative is focused on the Athy area.

To that end we are looking for a Community Food and Nutrition Worker to establish a community kitchen in Athy which will serve the needs of individuals and the communities who live there. In addition to deliver evidence informed services to improve local population health and wellbeing outcomes, assessing the needs within the community in relation to food and nutrition, the role involves developing, designing and implementing additional innovative responses addressing food poverty and poor diet of the target groups.

If you have a track record of working with people and are energised by the potential to improve people's quality of life focusing on food and nutrition impacting their whole health and wellbeing, then this job may be for you.

WHAT YOU'LL DO

As the Community Food and Nutrition Worker, you will imagine, design, develop and support the establishment of a community kitchen in Athy. Recruit and maintain volunteers who will support you in the running of the kitchen. Oversee and run the facilitation of new food and nutrition programmes as well as facilitate and improve upon existing ones.

You will be responsible for:

- Planning Logistics for the successful establishment of a community kitchen in Athy.
- Adhering to HSE health and safety guidelines when preparing food and engaging the community in Athy.
- Recruiting, training and supporting a bank volunteer who will support the delivery of Community Food and Nutrition programme.

- Designing and facilitation of food and nutrition related thematic workshops and other initiatives in response to identified needs or emerging issues among the target groups.
- Identifying emerging issues and needs in relation to the target group and ensuring these are raised and responded to appropriately.
- Participating in both community and professional networks.
- Achieving agreed Key Performance Indicators and assist with monitoring, evaluating, and reporting duties.
- Attending team meetings, external networks and any relevant training as appropriate.

WHO YOU ARE:

Skilled and experienced facilitator: You know the difference between teaching /presenting and facilitation and know how to use the group as its own best resource, respecting that people are experts in themselves.

Compassionate and person-centric: You believe in the value of a collaborative approach between the service user and provider.

Strategic thinker: You think about the big-picture and are able to see how your work, and the work of others, contributes to that.; You can use data and research to generate insights, and can translate these into actions.

Curious and creative problem-solver: You come up with practical and creative ways to put the issues affecting the nutritional health inequalities in disadvantaged communities centre-stage of the work and you are curious about the world around you and the people at its heart.

Exceptional at building and maintaining relationships: you have excellent stakeholder management skills, able to quickly build trust and effective relationships, with people from a variety of backgrounds.

A great communicator: you can communicate effectively across multiple channels (face-to-face, written, digital) and adapt your style to meet the audience where they are.

Collaborative team member: you thrive off working alongside others, co-creating and building solutions together; you lead with passion and inspire others to follow, you empower colleagues and team members and support and enable others.

Your qualifications and experience

The minimum eligibility criteria for the post include that candidates must have at the latest date of application:

A minimum of a Level 8 qualification in the area of nutrition and health. See below:

Institute	Course
Athlone Institute of Technology	BSc Hons Nutrition and Health Science
Institute of Technology Sligo	BSc Hons Nutrition and Health Science
Munster Technical University (previously Cork Institute of Technology)	BSc Hons Nutrition and Health Science
Technological University Dublin	BSc Hons Public Health Nutrition
University College Dublin	BSc Hons Human Nutrition
University College Cork	BSc Hons Nutritional Sciences
Dublin Institute of Technology	BSc in Human Nutrition and Dietetics
Technological University Dublin	BSc in Human Nutrition and Dietetics
University College Dublin	MSc in Clinical Nutrition and Dietetics
University of Limerick	MSc Human Nutrition and Dietetics

Substantive experience (c. 3+ years) facilitating groups or working in a community development framework.

Demonstrated track record of developing and delivering innovative programmes in line with best practice that promotes positive health and wellbeing.

Track record of outreach work developing positive relationships with vulnerable or marginalised individuals in the community.

A strong understanding of food poverty and nutritional inequalities landscape and the supports on offer in the community to help someone achieve their goals.

In return what we offer:

Competitive salary based on your qualifications and experience.

Annual leave: 21 days annual leave per year pro rata, with an increase of one day leave each year up to a maximum annual leave allowance of 25 days per annum

Pension: Option to join the organisation's Pension Scheme after successful completion of probation

Flexible working practices

Training and Development opportunities

Employee Assistance Programme

Open culture encouraging interaction and sharing of ideas and opinions

Opportunity to apply for up to two days' remote working as per CKLP policy

How to apply

If you are interested, please send a cover letter and copy of your CV to Liz@countykildarelp.ie

Reference: Community Food & Nutrition Worker Application.

Closing date for receipt of applications is 5pm on 6th December 2024.

Garda Vetting applies to this position.

County Kildare LEADER Partnership is an Equal Opportunities Employer



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